

Chilhowee R-IV School District
Activity Handbook
2016-2017



101 SW State Route 2 Highway
Chilhowee, MO 64733

Mission

***Committed to high expectations and learning
opportunities for developing responsible,
productive citizens***

Dear Parents and Students:

We hope you will find this handbook a useful tool throughout your middle and high school years. This handbook has been written to inform students of what will be expected of them as a participant in Chilhowee R-IV School sponsored activities. The handbook states the philosophy, objectives, standards, eligibility, and general rules of participation. Each participant and his/her parent should read this book carefully before participation in any activity offered at Chilhowee R-IV School District.

Experience shows us that students who are involved in activities beyond the classroom find greater success academically. As a result of this fact, Chilhowee R-IV School District offers a wide variety of activities, clubs, and sports and encourages every student to become an active member within our school.

For additional information on Chilhowee R-IV athletic programs and activities, please refer to our website at <http://chilhowee.k12.mo.us> and follow the link entitled “Athletics”. We wish everyone an enjoyable and successful year.

Go Indians!

Chilhowee School Administration

Chilhowee High School
101 State Route Highway 2
Chilhowee, MO 64733
660.678.4511

Troy Marnholtz, Superintendent
Joe Murphy, Principal

Philosophy of Activities Program

We believe that interscholastic activities are an integral part of the total curriculum at Chilhowee R-IV School District. It is our goal to develop and conduct an activities program that is consistent with the philosophy of education adopted by our board of education. Participation in activities should contribute to health and happiness, development of physical skills, emotional maturity, social competence, moral values, a sense of cooperation, a spirit of competition, self-discipline, a realization of group goals, and an understanding of the democratic processes.

Objectives

1. To develop good school citizens.
2. To develop good athletic qualities: physical, mental, and moral.
3. To develop respect for authority by abiding by the rules of the activity and the decisions of the coaches, sponsors, and officials.
4. To teach the rules and skills of each activity.
5. To help the participant improve their attitudes and academic accomplishments.
6. To promote good sportsmanship and appreciation of activities in general so that the participant may function in society both as a spectator as well as a participant.
7. To develop pride in self, school, teammates, and classmates.
8. To learn to win and lose graciously.

*All Student Handbook rules and regulations are also in effect.

Conference Affiliation

Chilhowee R-IV School District is a member of the Mid-State Conference. Schools included in the conference are the following: Calhoun, East Lynne, Kingsville, LaMonte, Leeton, Strasburg, Wentworth, and Chilhowee. The Mid-State Conference has annual tournament play among the member schools. Likewise, each school competes against the other in conference sports.

Sports Offered by Season

Fall

Football
Jr. High Football
Jr. High Boys Basketball
Jr. High Girls Basketball
Jr. High Volleyball
HS Cheerleading
HS Volleyball

Winter

Boys Basketball
Girls Basketball
Cheerleading

Other Activities Offered

<u>Jr. High</u>	<u>High School</u>	
NJHS	Art Club	NHS
Science Club	Concert Band	Scholar Bowl
Scholar Bowl	FFA	Student Council
Student Council		
Concert Band		

Coaches & Sponsors

Athletic Director	Nicholas Weeks
HS Boys Basketball	Brett Pierce
HS Girls Basketball	Heather Miller
HS Cheerleading – Basketball	Trina Anstine
Jr. High Boys Basketball	Misty Miller
Jr. High Girls Basketball	Misty Miller
HS Football	Jason Dolph
HS Cheerleading - Football	Trina Anstine
Jr. High Football	Nicholas Weeks
HS Volleyball	Heather Miller
National Honor Society	Peggy Gilmore
National Junior Honor Society	Peggy Gilmore
FFA	Melanie Snook
Student Council	Caroline Askew
Scholar Bowl	Peggy Gilmore
Band	Chelsea Heckenkamp
NAHS	Chelsea Heckenkamp
Science Club	Patricia Iott

Eligibility

MSHSAA Academic Eligibility

Academic Eligibility

The following is taken from By-Law 2.3 of the Official Handbook of the Missouri State High School Activities Association:

High School (9-12)

“A student in grades 9-12 must be currently enrolled in and regularly attending courses that offer a minimum of 3.0 units of credit or 80% of the maximum allowable classes in which a student can be enrolled, whichever is greater, and must have earned a minimum of 3.0 units of credit the preceding semester of attendance or 80% of the maximum allowable credits which may be earned, whichever is greater; or a student must be enrolled in a full course at his or her level in a special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolls pupils of equivalent age, and that student must have made standard progress for his or her level the preceding semester. A beginning 9th grade student shall have been promoted from the 8th grade to the 9th grade for the first semester of eligibility.”

Junior High (7-8)

“A 7th / 8th grade student must be currently enrolled in and regularly attending the normal course for that grade or must have enrolled in a full course at his or her level in any public school special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolls pupils of equivalent chronological age.”

Summer school courses may count toward maintaining academic eligibility provided the credit earned for each course is placed on the school transcript, such course(s) must count toward meeting graduation/promotion requirements, and no more than one credit earned in summer school shall count toward maintaining academic eligibility.

Any student who does not meet the MSHSAA standards of passing 3.0 credits for a semester will be ineligible to participate in any school activities, non-curricular field trips, sports, royalty, dances and/or programs. This ineligibility is based on the previous semester and the student will be ineligible for the current semester. If the activity is co-curricular the student will be able to participate with the permission of the administrators.

Chilhowee Academic Eligibility Requirements

Students must remain in good academic standing, no “F”s”, in order to maintain the privilege of participating in extracurricular activities. Academic standing will be determined by PASS reports issued for each three week progress period, quarterly grades, and semester grades.

If a student is not in good academic standing as reported on a three week progress report or quarterly grade card, they may maintain extracurricular eligibility during the next three week progress period by meeting the guidelines below:

1. The student must attend at least three 30 minute study sessions per week with the teacher of the class the student is failing or the activity sponsor.
2. All failing grades must show improvement, as reported weekly by the teacher.

If a student remains ineligible for two consecutive progress periods, the student will not be allowed to participate in extracurricular activities for the remainder of the quarter. If a student is ineligible for three consecutive progress periods, the student will not be permitted to participate in extracurricular activities for the remainder of the semester. **Students receiving a failing grade, an “F”, on a semester grade will not be permitted to participate in extracurricular activities the following semester.**

Students must also meet the Missouri State High School Activities Association requirements for activities that are governed by their rules. Eligibility is determined by the day that grades go home.

All extracurricular activities may be suspended for students who have accumulated more than 5 unexcused absences in a semester.

Students must attend a **complete day of school** prior to attending or participating in any extracurricular school activity. However, if a student has a necessary appointment that cannot be rescheduled, the student/parent must notify the office at least 1 day prior to the appointment in order to participate in the extracurricular activity. The principal must

approve any exceptions. The student must present a note from the doctor or dentist upon arrival at school to be granted permission to participate in the activity. The note must specifically state that the student has been approved for participation. Students must also attend the last school day of the week in order to participate or attend a weekend activity. Again, the principal must approve any exceptions.

Student activities including clubs, sports, dances, and field-trips are a privilege for students in good academic standing. These privileges will be suspended from students who have accumulated more than 5 unexcused absences.

Sportsmanship

Good sportsmanship is expected of all students participating in activities. An unsportsmanship act while participating in activities could cause loss of eligibility. The following guidelines must be followed:

1. Each individual coach and/or administration will deal with an unsportsmanlike act resulting in a player or team being penalized.
2. Any player being ejected from a contest as a result of an unsportsmanlike act will risk his/her eligibility for further contests. In accordance with MSHSAA rules, a player who is ejected from a contest for unsportsmanlike conduct shall at a minimum be prohibited from playing in the next interscholastic contest at the same level.

Injuries

Before any student will be allowed to participate in athletics, he/she must show proof of having insurance or buy school insurance provided at the beginning of each year.

It is very important that if a student is injured during a practice or a game situation that the student must report the injury (no matter how small of an injury) immediately to the coach. It is the coach's responsibility to complete a student accident report and file it in the principal's office.

Activity Training Rules

As participants in activities, students are leaders in the school and community. Students are expected to set a good example in regard to conduct, citizenship, personal grooming, and dress. The student's actions and appearance reflects on parents, the school, activity programs, the community, and the student.

Training is a year round proposition. Members of any team are expected to adhere to the requirements set forth by each coach/sponsor. Athletic excellence, personal pride, and the desire to maintain good health habits usually make these rules an easy task for most participants. It is expected that all participants dedicate themselves to the activity in which they are participating.

Before each season, students are to make sure they understand the rules and regulations with which they are expected to adhere. Each coach/sponsor should cover these with the student quite explicitly. Any breaking of activity training rules will be handled by each individual coach/sponsor and/or may be referred to the administration.

In order to maintain the highest possible standards for activities, the following minimum requirements are established for all students participating in the activities program. Participants should remember that these are minimum requirements and each individual coach/sponsor will set up further guidelines to be followed.

1. Students must keep themselves well groomed.
2. Conduct at all activities must be appropriate. All participants must be respectful to others and facilities. Students not complying will receive appropriate consequences based upon the offense.
3. All piercings, (other than earlobes for non-athletic performances), must be removed for competition or performance. Students who do not comply with this will not be allowed to participate in any game/performance situation.
4. Tattoos must be covered for competition/performance. Students who do not comply with this will not be allowed to participate in any game/performance situation.

Substance Abuse Policies

What constitutes abuse?

- Student has been deemed under the influence by school staff and or school administration.
- Student has tobacco/alcohol/illegal drugs/paraphernalia in his/her possession.
- Student has admitted abuse to school staff or administration.
- School staff has received information from law enforcement agencies regarding an incident involving substance abuse off school property.

Tobacco:

1st offense: Suspension from 10% of total competition events in season

2nd offense: 30 calendar day suspension from games/practices

3rd offense: Dismissal from team or activity

Alcohol:

1st offense: 15 calendar day suspension from games/practices.

2nd offense: 45 calendar day suspension from games/practices.

3rd offense: Dismissal from team or activity/Possibility of 365 days suspension from activities.

Illegal Controlled Substance/Mood-altering chemicals:

1st offense: 45 day suspension from all activities including practices, and dismissal from squad, team or activity. If the offense occurs at the end of a season; the suspension will then carry over and finish into the next season the student does.

2nd offense: Will lose eligibility for 365 days from the date of violation for all activities.

Use of any tobacco, alcohol, or controlled substance (other than prescription) by any participant while at a MSHSAA event on any event building/grounds is prohibited. Violation shall result in disqualification from the event.

Any violation of tobacco, alcohol, or controlled substance (other than prescription) will also result in consequences through the discipline guidelines set forth in the Chilhowee R-IV Student Handbook.

Theft and Vandalism

Any participant, while a member of an activity representing Chilhowee R-IV School District, who destroys, damages, defaces, breaks, or steals any property of this school district or of a school district with which Chilhowee R-IV School District is playing, or of any of the facilities used for practice, shall be subject to dismissal from the team,

administrative disciplinary action, and legal prosecution. This rule also applies to transportation, restaurants, and lodging. It is the responsibility of all faculty members to immediately report to the administration their knowledge of any of the aforementioned acts.

Transportation to Away/From Events

All students involved in games and school-sponsored activities requiring transportation away from school will:

1. Ride the bus to the event.
2. Return to the Chilhowee School by bus unless a parent/guardian has properly signed a request or has requested in person and received approval from the sponsor or principal.
3. Under **no circumstance** will a student be permitted to travel home with anyone other than a parent or grandparent, or parent of another Chilhowee student who has received permission from the administrator in charge. Arrangements must have been made prior to the end of the school for the latter to be granted.

Activity Letters

To be eligible for consideration to receive a letter, a participant must **exhibit a proper attitude toward his/her teammates, game, school officials, and opponents**. He/she **must exhibit good sportsmanship and school conduct** as judged by the coaches and administration.

A six inch block letter, plus a medal emblem (a bar is given with the emblem) indicating the sport, will be given to participants in grades 9-12, who have met the varsity level requirement to qualify for a letter in any one sport in the school's program. A bar will be presented each time an athlete letters thereafter. The 6-inch letter will be given only one time during the four years of high school.

In cases of injuries suffered by an athlete during participation in a sport, which would make it impossible for an athlete to meet special requirements for lettering, the coach will consider the merits of each situation individually to determine the possibility of lettering. Students who participate in the school's athletic program in the capacity of student managers for the entire season in one sport will receive a manager's letter upon recommendation from the coach.

Students in 7th & 8th grade are eligible to letter; however, instead of a 6-inch letter, students will receive a 3-inch letter. All other rules will apply to junior high students.

Letter Requirements

In order for a participant to receive a letter, he/she must **complete** the season, meet the requirements listed under "**Activity Letters**," and meet the following requirements:

Volleyball

1. Must have participated (entered) a minimum of 50% of all varsity matches.
2. Must complete the entire season except for injury or illness.
3. A provisional letter will be awarded to a player who has made a significant contribution to the team in practice (in the coach's opinion). The provisional letter will be in the form of a certificate only. If the player meets lettering requirements the following year, they will be credited with having lettered both years.

Basketball

1. Must play in at least 1/3 of all possible quarters on the varsity level.
2. If a player is a senior and did not play in 1/3 of all quarters of varsity play, he/she may letter by having been out for basketball all four years of high school career.
3. A provisional letter will be awarded to a player who plays in at least 10 quarters of varsity play and has made a significant contribution to the team in practice (in the coach's opinion). The provisional letter will be in the form of a certificate only. If the player meets lettering requirements the following year, they will be credited with having lettered both years.

Cheerleading

1. Must actively participate in 90% of all games where the school's cheerleaders were present as long as not participating in the sport cheering for.
2. Must not have more than 1 excused absence.
3. Must complete the entire season except for injury or illness.
4. Represent Chilhowee Schools in a manner that will promote school spirit and sportsmanship.

Football

1. Must play in at least 1/3 of all possible quarters on the varsity level.
2. If a player is a senior and did not play in 1/3 of all quarters of varsity play, he may letter by having been out for football all four years of high school career.
3. A provisional letter will be awarded to a player who plays in at least 10 quarters of varsity play and has made a significant contribution to the team in practice (in the coach's opinion). The provisional letter will be in the form of a certificate only. If the player meets lettering requirements the following year, they will be credited with having lettered both years.

Band

1. Have appropriate attitude at all times.
2. Participate in **all** required performances.
3. Participate in the district music festival.
4. Maintain an A or B average in band throughout the year.
5. Participate in band the full year.

Choir

1. Participate in choir the full year.
2. Attend **all** required concerts and competitions.
3. Participate in the district music festival.
4. Maintain a good, positive attitude.
5. Have an A or B average in choir throughout the year.

****In all cases, the participant must be of good character both in and out of school. The participant will forfeit their letter if he/she fails to meet the good character requirements.***

Patches and Banners

Varsity athletes (players only) who are members of a conference, district, or state championship team may receive (if finances are available) a patch to signify the accomplishment.

Awards and Plaques

An athletic award ceremony will be held during the school year in honor of all our athletes. Each coach will recognize the athletes who participated and completed the season in their sport by giving award certificates.

Care of Equipment

In order to give the student a sense of responsibility and appreciation of their equipment, each student will be held accountable for the abuse or loss of it. If any equipment is lost or stolen, the student who checked it out must pay for it.

The following guidelines will reduce the chances for lost or stolen equipment.

1. Do not exchange or loan any of the equipment issued to you to another teammate. If an exchange is necessary, clear it with the coach or sponsor.
2. Keep your equipment locked up at all times.
3. Any loss of equipment should be reported to the coach or sponsor immediately.
4. It is against MSHSAA regulations to sell or rent any equipment or uniforms to individuals. Chilhowee R-IV School District strictly adheres to this policy. Therefore, any equipment or uniforms that you may see out of the school environment does not belong to the individual(s). Please report such violations to the coach or administration.
5. All uniforms and equipment must be returned to the coach or sponsor immediately following the season. The uniforms/equipment must be cleaned and in appropriate condition. Report any damage to your equipment and uniform to the coach or sponsor immediately. No student will be allowed to participate in another activity or event until all his/her equipment has been returned to the coach/sponsor of the preceding activity.

Parent/Coach/Sponsor Relationship

Parenting and coaching are extremely challenging. By establishing an understanding of each other's position, we are better able to provide greater benefits to our young people. As parents, when your child becomes involved in one of our programs, you have the right to understand what expectations are placed on your child. This begins with clear communication from the Coach/Sponsor of your child's program.

A. Communication you should expect from your child's Coach/Sponsor

1. Philosophy of the Coach/Sponsor
2. Expectations the Coach/Sponsor has of your child.
3. Locations and times of all practices, meetings, and contests.
4. Team requirements – fees, special equipment, off-season training requirements, etc.
5. Procedures should your child be injured during participation
6. Firm, fair, and consistent enforcement of rules

B. Communication Coaches/Sponsors expect from parents

1. Concerns about the student's health.
2. Notification of any schedule conflict in advance

C. Appropriate concerns to discuss with Coaches/Sponsors

1. The treatment of your child mentally or physically
2. Ways to help your child improve
3. Concerns about your child's behavior
4. Special needs of your child
6. Eligibility concerns

7. Your child in the total team concept
- D. Appropriate time and place for discussion of concerns
1. Do not attempt to confront a Coach/Sponsor before or after a contest or practice. These can be emotional times for both parties. Meetings of this nature do not promote solutions.
 2. We encourage your child to discuss any of his/her concerns with the Coach/Sponsor first, as this develops responsibility and a working relationship between your child and the Coach/Sponsor.
 3. If necessary, the next order in the chain of command would be for you to contact the Coach/Sponsor. This will provide a clear understanding of the problem and first hand solution to your concern.
 4. The final step would be to contact the Activities Director or Building Administrator at 660-678-4511.

Coaches and Sponsors are professional. They make judgment decisions based on what they believe to be the best interest for all members of the team. Decisions involving issues such as team strategy, play calling, team personnel and other student participants are not appropriate items to discuss with the Coach/Sponsor.

Spectator Guidelines

All spectators must adhere to the following guidelines:

1. Spectators are encouraged to not enter the field of play during athletic activities.
2. All spectators will **respect** opposing fans, coaches and players.
3. All spectators will respect our coach and players. Spectators will not shout out instructions from the sidelines, tell the team or players what to do or berate our players for their errors. Spectators will let the coach do the coaching and the players do the playing.
4. **Positive** cheers, praise, and signs are allowed and encouraged.
5. Spectators are encouraged to **recognize outstanding performances** on both teams.
6. **Team benches** are for official players in uniform, coaches and designated manager(s) only.
7. Negative or antagonizing remarks towards officials, players or other fans are **not allowed** and will not be tolerated.
8. Using profanity and/or foul language is **not acceptable** at Chilhowee R-IV School.
9. Smoking, alcohol, other illegal substances, as well as weapons or harmful objects are **not allowed on school property**. Violators will be cited and prosecuted.
10. Spectators are requested to **follow the directions** of all school related officials. This includes administrators, teachers, coaches and maintenance staff.
11. Spectators are requested to maintain **positive enthusiasm** throughout the game. Have **fun**, be a fan, not a fanatic.

**Violation of any of the above guidelines may be cause for dismissal from the game as well as the school grounds. Chilhowee R-IV School reserves the right to refuse admission as well as remove spectators at any time.
Thank you for your support and cooperation!*

Chilhowee R-IV School District

ACTIVITY HANDBOOK 2015-2016

I _____, as a student of Chilhowee R-IV School have read the rules and policies set forth for extra-curricular participation in the Chilhowee R-IV Activities Handbook. **I understand that I am expected to follow the rules and regulations in not only the student handbook, but the activities handbook and also the rules and regulations set by my coach/sponsor.**

Student
Signature _____ Date _____

Grade _____

I, _____, as a parent/guardian of _____ have read the rules and policies set forth for extra-curricular participation in the Chilhowee R-IV Activities Handbook and give my son/daughter permission to participate under these conditions and other ones set by the coach/sponsor. **I will do my part in seeing that he/she follows and abides by the rules and regulations stated in the Chilhowee R-IV Activities Handbook.**

Parent
Signature _____ Date _____